



**TACKLE  
SMOKING  
PROJECT**  
GAME-DAY ASSIGNMENTS

### Objectives

1. Document the amount of smoking at your high school football games.
2. Determine how often babies/children are directly exposed to secondhand smoke at games.
3. Count the number of 100% Tobacco-Free School signs and announcements at your games.

### Definitions

**Instance of smoking:** any person with a lit cigarette counts as an instance of smoking.

**100% Tobacco-Free School sign:** any sign stating that your school is a Tobacco Free School or that specifies that tobacco use or smoking is prohibited

**100% Tobacco-Free School announcement:** any announcement stating that your school is Tobacco Free or that smoking is prohibited.

### STEP 1: Split into 4 teams (2 people per team)

**TEAM 1** – positioned in the bleachers behind the home team

**TEAM 2** – positioned in the bleachers behind the visiting team

**TEAM 3** – positioned in End Zone area between the home and visiting team bleachers

**TEAM 4** – positioned in End Zone area opposite TEAM 3

The positioning of TEAMS 3 and 4 depends on the set-up of your stadium. Teams 3 and 4 should position themselves in areas other than the bleachers where people hang-out during the game. Talk to your teammates and decide where groups 3 and 4 should be positioned so that you are able to observe people when they are not in the bleachers.

## STEP 2: Stadium overview

Several days before your home game you should go to your stadium and determine where TEAMS 3 and 4 will be positioned on the night of the game. The goal is to have 4 TEAMS positioned in the stadium so that you can observe any smoking during the game.

## STEP 3: PREGAME ASSESSMENT

Arrive at the stadium at least 20 minutes before the start of the game to complete the PREGAME section of the SCORE SHEET. Split up into your four teams and then complete the following:

1. Walk around the **outside of the stadium** and record the number of 100% Tobacco-Free School signs posted outside the stadium. Record whether or not 100% Tobacco-Free School signs are posted at all entrances to the stadium.
2. Walk around the **inside of the stadium** and record the number of 100% Tobacco-Free School signs posted inside the stadium.

## STEP 4: GAMETIME ASSESSMENT

During each section of the game

Count and record the number of instances of smoking. (describe how to record instances)

Record whether anyone was observed smoking sitting or standing next to a baby or a child.

Record whether you heard any 100% Tobacco-Free School announcements during the game.

Repeat . . . during 2<sup>nd</sup> Quarter, halftime, 3<sup>rd</sup> Quarter, and 4<sup>th</sup> Quarter. If the game goes into overtime, either stop the observations or start a new sheet and make a note that it's continuing a game.